

FEBRUARY 2023
VOLUME 9 | ISSUE 2

LOS ANGELES CONVENTION CENTER NEWSLETTER



FROM THE DESK OF... SCOTT BANKS, VP, SECURITY & GUEST SERVICES

Safety and **Security**, more than just ten codes, acronyms, and catchphrases. At some point and time, we have all heard "10-4" (all ok), "POC" (point of contact), and "See Something Say Something." But what does **Safety** and **Security** mean to you?

When you exit your vehicle at work in the morning - with so many other things going on - do you make sure that your personal belongings are stored away, your window is rolled up, and your vehicle is locked before you walk away? A lot to process, right? But also, have you observed what's going on around you? Do you take the time to survey your zone to identify potential threats? And keep in mind that the threat may not always be a person, but perhaps a puddle of water is in your walking path or exposed wires are hanging from the garage ceiling? Do you tell someone or just avoid it?

While **Safety** and **Security** may have different meanings for everyone, we can all think about being proactive vs. reactive. Everyone plays a role in Safety and Security at the LACC, so how can we continue to work together to ensure not just the safety of ourselves but those around us?

- * Remain aware of your surroundings
- * Make sure if you enter a locked space, the door secures behind you
- * See anything suspicious, report it to security
- * If you identify a trip/slip hazard, notify the appropriate department

So, the next time you are asked who is responsible for "Safety and Security," raise your hand high with confidence and respond, "**I AM**".

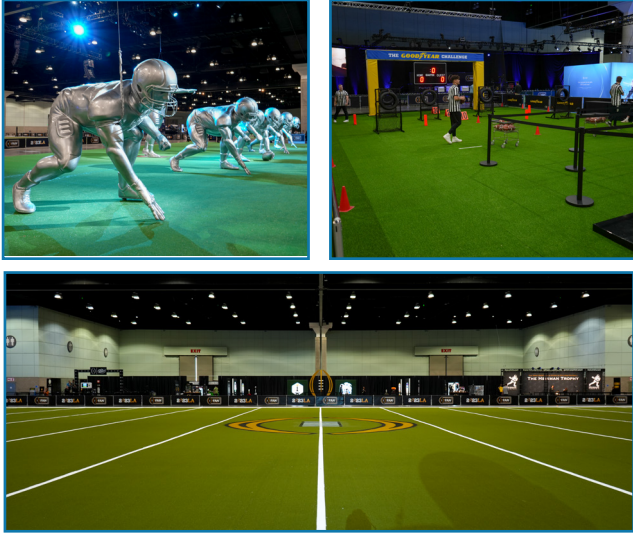
MONTHLY HIGHLIGHTS

- From the Desk of...
- January Event Recap & Highlights
- American Heart Month
- Valentine's Day: Date Recommendation
- LA Highlights
- EAP Resources & Safety Spotlight
- Green Tips
- Employee Updates
- New Hires
- February Calendar

JANUARY EVENT RECAP

IN CASE YOU MISSED IT

COLLEGE FOOTBALL FAN CENTRAL



The city of Los Angeles welcomed the opportunity to host the College Football Playoffs and the LACC got in the game by hosting the Playoff Fan Central. This multi-day fan festival gave attendees the opportunity to participate in mini pep rallies, interactive games, training sessions and more. Once again the LACC proved to have a winning lineup that can't be beat!

LEVY INTERNAL SHOWCASE



The creative and talented team that powers our F&B program here at the LACC, wowed their guests during Levy's Internal Showcase. Attendees were awe-struck as they moved through multiple spaces of carefully curated decor, food, and entertainment that demonstrated Levy's ability to design and produce amazing experiences for our guests.

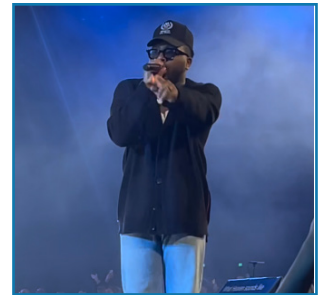
Your turn to share photos!



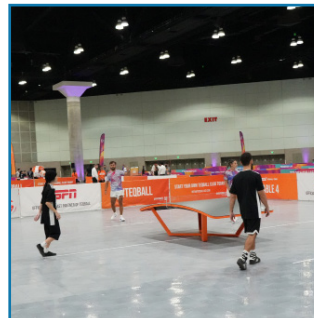
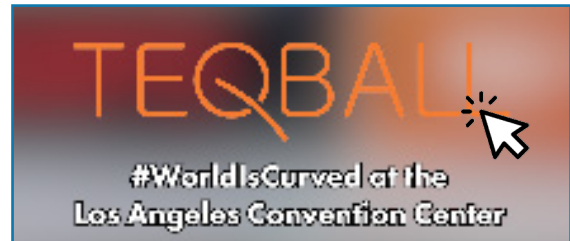
We want to see the events from all perspectives. Share your event photos and snapshots capturing our team and world-class facility in action!

LIFE SURGE

LIFE SURGE came to the LACC to inspire, uplift, and create a memorable experience for their attendees. This noteworthy event showcased iconic speakers such as Nick Vujicic and Priscilla Shirer. Additionally, show-goers were treated to a performance from Maverick City Music, an award-winning music collective.



USA TEQBALL TOUR



Adding another sport to LACC's resume, last month we hosted a Teqball competition at our venue. Competitors worldwide clashed for a chance to win a \$30k grand prize. This compelling and unique sports competition commanded the attention of spectators and staff alike, a first-time introduction to the sport for many staff.

FEBRUARY: American Heart Month

Across the USA, American Heart Month is observed in February

Often considered to be a condition for the older generation, heart disease and other associated illnesses are on the rise across all age groups. This is why Heart Month is so important to all of us. It is a fantastic opportunity to raise awareness on the importance of maintaining a healthy heart and to encourage healthy habits that help reduce the risk of heart disease.



TIPS TO A HEALTHY HEART

STOP SMOKING



Live tobacco free. It's the single best thing you can do to protect your health.

EXERCISE



Log at least 150 minutes of moderate intensity activity per week.

MANAGE STRESS



Learn healthy ways to manage stress to reduce the long-term complications it can cause.

IMPROVE YOUR SLEEP



Adults benefit from 7-8 hrs of sleep; poor sleeping habits are linked to high blood pressure.

GET REGULAR CHECKUPS



Work with your health care professional to understand your risks & take preventative care.

CHOOSE A HEALTHY DIET



Eat a diet rich in antioxidants & nutrients to keep your heart in peak condition.

FROM LEVY'S KITCHEN

Research has found that eating a diet rich in fruits, vegetables, beans, nuts and healthy fats will help your overall cardiovascular health. Certain foods can influence blood pressure, cholesterol and inflammation, which are all factors associated with heart disease.

With that in mind, here are five foods you should be eating to maximize your heart health:



DID YOU KNOW?

Working at the LACC means you are constantly exposed to several resources to support your efforts in living a heart-smart lifestyle.



- ♥ The LACC has 11 AEDs (Automated External Defibrillators) located around the venue. Learn where these are located and how to use these in case of an emergency.
- ♥ LACC employees have free access to "The Cave" to help reach their personal fitness goals.
- ♥ ASM's Online Academy has several online courses to support your efforts in being more heart-smart including classes on CPR and stress-management.
- ♥ Take the stairs! Stair-climbing is a great way to improve your cardiorespiratory fitness. Even little steps pay off big for your heart!

For more information or more resources: Visit the [American Heart Association](#) or [NIH](#) Websites

VALENTINE'S DAY: DATE RECOMMENDATIONS

Have a Valentine's Day date but are stumped on what to do? Check out the suggestions from Team LACC for inspiration!

"Buy flowers, or an edible arrangement. Instead of a basic dinner, take [your date] to Disneyland to spend time with that person."

— Jose Zamora



"Take advantage of California's weather and do something outdoors. Hike or bike along the beach. Pack a picnic and enjoy the fresh air!"

Bonus: It's heart month!

— Adrienne Hall



"No movies because you can't see body language or intention in the conversation. You don't get to know that person. Instead, go out for a cocktail at a restaurant. I recommend Black Cat"

— Alicia Arriaga



"Go to an arcade, get a little food and some drinks. Maybe a movie and dinner. For someone that likes pasta, try Little Italy, a spot [located] in DTLA."

— Raymond Zacarias



"[Try] a pottery class and then a fancy dinner after."

— Selene Aldana



"Movies at East LA. Horror or comedy. Cruise down Whittier Boulevard for churros and tacos."

— Gerardo Biviano



LOS ANGELES HIGHLIGHTS

A NEW WORLD RECORD IS SET AT THE LACC

Just when you thought we had seen it all here at the LACC...

With a surface area of 13,990 sq ft and totaling over 68,000 slices, Guinness World inspectors diligently measured and confirmed a new world record was set for the construction of the world's largest pizza.



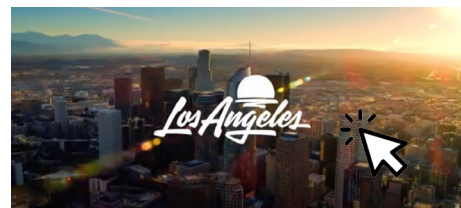
The LA Convention Center got a piece of the action by hosting the effort between Pizza Hut and Airrack. Once the pizza was complete, it was cut up, packaged and distributed to charities around the city of Los Angeles.

For the foreseeable future, this pizza can't be topped!



You can watch the YouTube personality Airrack's recap of the event [HERE](#).

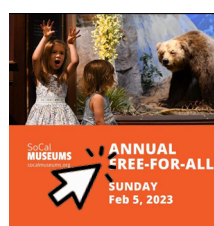
THE CITY OF LOS ANGELES



Check out **LA Tourism's** video which highlights great information of "What's New and What's Next" in Los Angeles.

WHAT TO DO

Angelenos can take advantage of **SoCal Museum's** upcoming program "MUSEUMS FREE-FOR-ALL."



On Sunday, February 5th, over 30 museums will open their doors and offer free general admission for local guests. Find out more [HERE](#).

EAP RESOURCES

As an employee, you have access to the valuable Cigna Employee Assistance Program (EAP) at no cost to you.

When you need some extra support, the Cigna EAP is always just a call or click away. These services are all confidential and available at no additional cost to you and your household members.

Call or visit online anytime, any day.
888-371-1125 | www.mycigna.com

SAFETY SPOTLIGHT

Be sure to check out the recent safety bulletins shared by the Human Resources Department on the following topics:

[Ten Rules for Workplace Safety](#)

[First Aid for Minor Bleeding](#)

[Safety & Health Programs](#)

[Carbon Monoxide Poisoning](#)

PLEASE SUBMIT ANY QUESTIONS TO [KEVIN MCCALL](#)

GREEN TIPS

This month, invest in reusable cups, tupperware, and cutlery

It's estimated that over 500 billion disposable food accessories are disposed of annually, leading to 4.9 million tons of waste. A great way to reduce your environmental impact is by adding your own dishes, cups, and other reusable items to your lunch box.

To get started, check out [these](#) reusable cutlery options!



TRAINING REMINDERS:



Complete ASM Global Academy Online Courses:
(NOTE: ID #s changed to WorkDay IDs)

Covid-19 (Cal-OSHA) compliant training to be added soon.

MASKING UPDATE:



Due to the recent outbreaks in LA County, LACC continues to highly recommend all LACC team members to wear masks while working indoors.

Get Your Employee Discount Codes for Upcoming Events



Clear out
your closet and
help an Angeleno in
need



Makes a positive impact on the Los Angeles community by donating your gently used men's, women's and children's clothing.

Pack up your unwanted clothing items and contribute them to the LACC drive. Welcomed items include: Sweaters, jackets, shirts, pants, and socks. Please ensure the clothing is washed and clean.

Collected items will be donated to the St. Francis Center and the LA Sanitation & Environment's Livability Services to aid Angelenos in need.

DONATIONS ACCEPTED: Feb 1 - Feb 28

DROP-OFF LOCATIONS: Collection bins placed in the LACC breakrooms (West & South)

For more info, contact Amy Adams at (213) 296-9179 or adams@laccdrift.com



NEW HIRES

Geovany Acevedo

Angel Barraza

Starkeisha Brown

Julian Carrillo

Brandon Cubel

Supv Marvin Fonseca

Destiny Guzman

Angel Lizarraga

Leopoldo Lopez

Anthony Lopez de Santa Anna II

Security PT

Security PT

Security FT

Security FT

Security PT

Security PT

Security PT

Security PT

Security PT

Security PT

WE ARE HIRING

OPEN POSITIONS

FT Sales Manager

PT Security Guard

FT Security Supervisor

FT Security Guard

PT Security Supervisor

PT Event Attendants (Union)

FT Building Operating Engineer

To apply, follow the website link to [ASM Global Jobs Careers](#), search for the position and apply.



FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Don't forget to show your support for American Heart Month by wearing your red apparel on Feb 8th and joining the LACC team photo</p>			1  First Day of Clothing Drive	2  Groundhog Day	3 National Wear Red Day	4 EL SEMBRADOR
5  SoCal Museums Free-For-All EL SEMBRADOR	6	7	8	9  National Chocolate Day ACFAS ANNUAL SCIENTIFIC CONFERENCE 2023	10	11
12 ACFAS ANNUAL SCIENTIFIC CONFERENCE 2023	13	14  Valentine's Day	15	16 Makeup in Los Angeles 2023 Society for Brain Mapping & Therapeutics LA Art Show 2023	17	18 Travel & Adventure Show Perform Better Seminar
19 Travel & Adventure Show Society for Brain Mapping & Therapeutics LA Art Show 2023	20  President's Day	21	22	23 South Central Los Angeles Regional Center VAC Vendor	24 City of Los Angeles of Department of Cannabis Regulation - Society Equity Networking	25 Digimon Nationals
26  Black Lives Matter Day Digimon Nationals	27	28  Last Day of Clothing Drive				

BIRTHDAYS

Jose Zamora, 2/6
 Yara Marquez, 2/6
 Nicholas Aquino Jr, 2/12
 James Mariscal, 2/15
 Carolina Soria Alvarez, 2/16
 Alp Ertek, 2/16

Anthony Solano, 2/18
 Angel Lizarraga, 2/19
 Bladimir Reyes, 2/19
 Faustina Reyes, 2/20
 Chris Paulson, 2/22
 Antonio Alcantara, 2/25
 Fabian Toro, 2/25

WORK ANNIVERSARIES

Ramcess Perez, Security 1 Years
 Luis Tapia, Security 1 Years
 Jose Sazo, Security 1 Years

Horacio Mejia, Security 3 Years
 Raymond Zacarias, Security 4 Years
 Oswald Ballesteros, Ops 4 Year
 Maria Rodriguez, Ops 9 Year

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Los Angeles

CONVENTION
CENTER

Managed By ACSM

